

## TOP RED ALERT FOR COUNTDOWN2045 TO ONSET OF “PAINLESS” HUMAN EXTINCTION & ITS ROOT CAUSE - SHUTDOWN OF PAIN ALARMS TO TOXICITY!

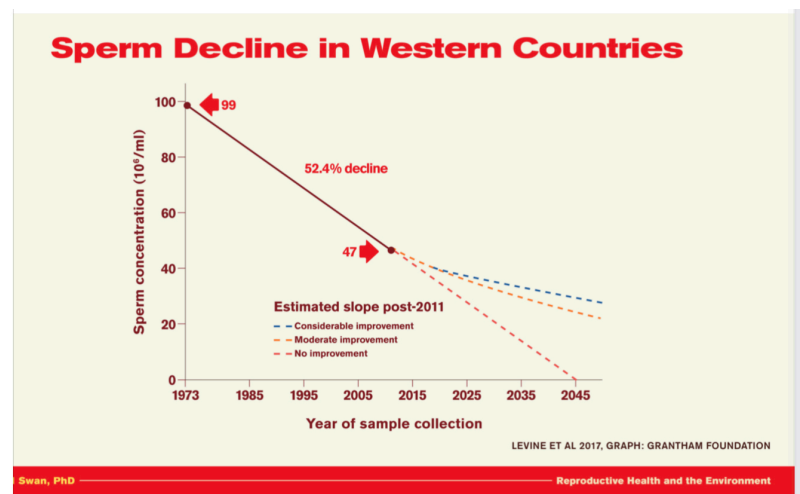
based on the [VIDEO presentation](#) on textbook changing *multidisciplinary* discoveries by Rozalina Gutman, made in response to invitation from ISME Research Commission and featured at the 35th World Conference of the International Society for Music Education (ISME), under UNESCO auspices



Every citizen should gain awareness of making their priority for preventing impacts of elusive **ZERO Sperm Global Crisis** (= “PAINLESS” HUMAN extinction), forecasted by 60+ global studies to onset by 2045, to effect generation of grandchildren of today’s adults. Just like the onset of cancer, heart attacks, strokes and many other *environmental illnesses*, it is hard to grasp its **ROOT CAUSE - Sensory Deactivation of PAIN ALARMS to toxicity**, part of the elusive, multigenerational zombification trend, left unopposed, due to cultural starvation. Resulting false perception of this *global existential threat as “painless”* is also

the **ROOT cause** for suicidal for humanity lack of **PRIORITY** to use any and all available resources for utmost urgent prevention measures, while it is still possible. Fortunately,

there is an alternative to such **sleepwalking towards onset of HUMAN extinction** - tangible **HOPE** accompanied the observed results of **music/Arts-based Emotional/Sensory Reawakening** (involving music of J.S.Bach), facilitating clearance of the collectively transmitted blind spot of collective consciousness. It revealed the capacity of Music instinct to overcome the dominance of subliminal, hard to grasp Herd instinct impacts and other evolutionary relics of the human mind, demonstrating music’s capacity to facilitate measurable **self propelled optimization** of evolutionary young human brain. Such universal and urgent engagement with proactive practice of music/Arts is **urgent and EXISTENTIAL for ALL**, due to the current time constraints of **COUNTDOWN2045**. Observed effects of music-based Emotional Reawakening *demonstrated the effect of high efficacy counterpoint to the widespread pandemic of multigenerational emotional scarcity and sensory deprivation, disruptive of inter-hemispheric balance and heart-brain link among the public, and manifesting into collective consciousness of self defeat.* Being known for fostering balanced cognition, fundamental for optimal integrative holistic consciousness, the use of Music instinct is central for shifting current dominance of primitive unilateral cognition, informed by flawed prioritizing capacity, driven by scarcity of sensory input. *Without addressing the need for the inner shift in cognitive processes and consequential reflection in the formation of the new INTEGRATIVE collective consciousness, the inconvenient truth about dangerous toxicity will continue to remain not inconvenient ENOUGH.* Current pandemic of Emotional/Sensory scarcity makes it hard for new environmental attitudes to compete with inertia of widespread dependency on addictive toxic conveniences that have to seize, to allow for humanity’s future. Thus, **NO BUSINESS AS USUAL** mindset in the face of **COUNTDOWN2045** is the key to prevent **HUMAN extinction within very limited time:**



The top priorities have to be made for (1)elimination of offgassing/artificial scent in many toxic consumer products, along with (2)reversing the premises of zomnification, that led to **Sensory Complicity** allowing to normalize toxicity.

In her publication on her success in **fostering peak performance, leading to prodigious success in young students**, Ms. Rozalina Gutman reported on observed correlation to toxicity impact. When exposed to non detectable through senses neurotoxic chemicals, our human body has to shift its resources from other processes to battling toxicity, consumed through air, water, food, skin applications. Athletes had been known to observe similar effects, but when it comes to virtuosity in music, the top physical performance of motor coordination has to be in sync with highly complex tasks for refined analytical/emotional content of music. And, **the commitment to minimize toxicity at student's dwelling impacted on their achievement of above average success, in addition to other contributing factors.**



Reflected by 300-year-old music of Johann Sebastian Bach **tangible evidence of the otherwise elusive sociosomatics of Bach Sensory Deactivation Effect** was observed by Rozalina Gutman in the pattern of repeated error in many recordings, upon her practice of Emotional Reawakening approach through Bach's emotionally/analytically balanced polyphonic music of great complexity. (Notably, while dealing with complexities of polyphonic music of Bach Ms. Rozalina Gutman had demonstrated above average multidisciplinary virtues in detecting obscured subjects of polyphonic style that is considered to be one of most complex ever created in the history of West European culture.) These urgent multidisciplinary lessons from genius music educator with neuroscientist's mindset provides **tangible HOPE for fostering mind shift**, by harnessing Music instinct to break the dangerous paralysis, that surrounds the **fast-approaching, yet unrecognized (and under-publicized) onset of "PAINLESS" HUMAN EXTINCTION**, forecasted by 60+ global global fertility studies reviewed by **Dr. Shanna Swan, PhD (author of Count Down)**. The discovery provided framing for grasping the sociosomatic ROOT CAUSE of the crisis – the **SHUTDOWN of our PAIN ALARMS, that no longer inform our self-preservation instinct about toxicity. Resulting in elusive, widespread SENSORY COMPLICITY TO CHEMICAL HAZARDS, permitted by the irrelevant health/safety standards, making manufacturing of many consumer products hazardous (especially in the US)**. And as a direct result of cumulative effect of normalized toxicity, sperm counts began to plummet between 2017 and 2022 at **the shocking rate of 2.64%/year**. This rate has been observed on all continents, sharply increasing from the already **rapid rate of 1%/year – leading to the forecast for ZERO sperm (= Global Infertility) by 2045(!)**. Undoubtedly, Public Health authorities are responsible for informing the public about the problem and the urgent personal, local and global solutions through all top media outlets for this type of silent "painless" human-caused pandemic. But this task requires above average intellectual leadership, capacity for grasping multifaceted, multitasking, polyphonic reality of this elusive, yet indiscriminate global threat. And the use of consultants with now rarely remaining, still present capacity for sensing pain alarms to toxicity is urgent for NEW Health/Safety Standard. However, now this complex task would become significantly easier, since *the ROOT cause of the problem has been finally identified* by Rozalina Gutman, along with means for addressing this **zombification** through our **ancestral gift for brain recalibration: Sensory Reawakening through music and the arts** – humanity's greatest hope for reversing the multigenerational trend of Emotional/Sensory Amnesia, that has largely been **left unopposed by tapping into transformative power of Music instinct, due to dangerous levels of scarcity of cultural practices.**



Global and National Public Health agencies had the opportunities to develop global/local/personal strategies for this crisis, since it became known in 1990s... And, urgent crisis prevention mega-projects should have been under way globally and locally for decades... But, the demands for the intellectual leadership for such complex task are hard to fulfill, due to *dangerously low priority among our leadership for integrative mindset (likely most among them never heard of such term...)*. This type of paralyzing **SELF DEFEAT response among Public Health**

**agencies is evident of the dangerous levels of dominance of SELF DEFEAT MINDSET on individual and collective consciousness levels, initiated in the minds with the false vector of developmentally unbalanced education.** Formation of such limited self demise consciousness was the product of dangerously normalized **unbalanced brain development, that led to the hazardous disconnect of unconscious PRIORITIZING capacity from self preservation instinct, as the consequence of multigenerational starvation in balanced emotional/sensory development.**

**That is why, the data from 60+ global studies demand for the utmost urgent response in the need for sober recognition of the fact: millennia old self preservation instinct is no longer informed by our senses and thus, can no longer be relied upon, when dealing with normalized by false Health/Safety Standards neurotoxins.**



In addition to infertility, a multitude of other ENVIRONMENTAL ILLNESSES have been dramatically increasing, while the global medical industry has cruelly FAILED TO LABEL them as such, despite the rising need to stop





PREVENTABLE despair. Such cognitive dissonance of betrayal of taxpayers however, starts with self betrayal and betrayal of suffering loved ones with blocked awareness about correlations of environmental illnesses with preventable toxicity, due to Sensory Atrophy. **The vastness of this “painless” pandemic is staggering, making any other pandemics (including recent Covid pandemic) seem like a speck: For example, 1 out of every 40 children in California is suffering from autism... Every 2nd man and every 3rd woman is to be knocked down by cancer during this decade... Dementia has dehumanized millions of elders, while also imprisoning their loved ones as caretakers, preventing both from leading fulfilling lifestyles. The absence of the term “environmental illness” in reference to the**

diagnoses of various “incurable” illnesses has propelled *the cruel normalization* and spread of this horror in our society, instead of **raising the urgency for the relevant standards to prevent these human-caused health calamities – AS IF the widespread anguish and the loss of millions of precious healthy lives is “inevitable”...**

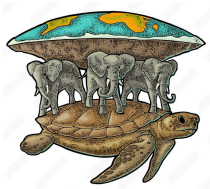
However, while the legal paradox of **IMPUNITY** has allowed for no accountability for misconduct and crimes, political campaign contributions to normalize bribery and to cripple US Law, had been preventing prosecution of notorious

CORPORATE PROFITEERS from environmental illness (as captured and detailed in the visionary documentary “**STINK!**” [available on YouTube]), **the**

**INTERNATIONAL CRIME COURT IN HAGUE, HOLLAND has the jurisdiction to issue extradition orders for committing Crimes Against Humanity**, as well as to prosecute those authority figures, who had failed their duties to stop these

crimes, based on the membership of 120 countries. Thus, Environmental Justice and **INTELLECTUAL LEADERSHIP** have the venue to rise up according to the higher moral and legal standards, and to assert the global priority for addressing this global existential threat that has been undeniably spiraling out of control. (Explore in-depth this

subject and [sing ONLINE PETITION](#) about the existential urgency for **the voluntary denouncement of public health hazard of IMPUNITY by US public servants**, in order to eliminate this obstacle of the positive change, including **the urgency for increase of valuation of Music, as the tool to attune human brain/body to vibrational universe and to optimize brain function**, indispensable to preventing fast approaching global threat to the HUMAN BIRTHRIGHT.



The global impact of the discovery of this sobering and the life-saving evidence for the roots of the inconvenient truth can be compared to “*our planet isn’t flat*” discovery, reminding humanity of the **bitter lessons of centuries long shame for savagery of “rewarding” those visionary catalysts and messengers of change with the cruel WITCH HUNT**. Today however, the impacts of any modern versions of such retaliatory incivility, resembling **unstoppable inquisition of Dark Ages, are far beyond the damages to a single criminalized visionary turned into a victim. But instead, such moral atrocity would translate into the anguish and deaths among millions of people from deepening of this STILL-PREVENTABLE human-caused environmental catastrophe**. However, the window of opportunity for sober recognition of the urgent need for paradigm-changing **NO BUSINESS AS USUAL mindset for global strategies is closing fast... And thus, they must be stopped with the new and rigorous legal standard for intolerance for such damage to the global cause.**

Only with intellectual leadership, based on integrative mindset, with true commitment to serve humanity, society would be able to focus on **one shared enemy - evolutionary relics of incivilities of the human brain**. And at this tipping point, the false convention of **compartmentalization** has to seize, as irrelevant mindset, contrary to **INTERCONNECTEDNESS** of our world, based on **vibrational** essence. Thus, academia has the duty to proclaim self-compassionate strive towards expansion of sensory development of the mind through curricula for continuing education and for the science majors, while the field of the Arts and music has to expand current curricula with related scientific grasp of music’s links to other domains. This type of multidisciplinary approach is the only way to reverse the lack of TOP priority for preventing **seemingly “painless” HUMAN extinction**.

It is easier to grasp the dysfunction of the “painless” response to toxicity by comparing the universally lost feeling of pain warnings for the toxic dangers and related Sensory Complicity to toxicity to the pain alarms from other remaining pain warnings (toothache or stomach aches etc), or from accidental burn of the skin that makes us pull away from heat **rapidly and instinctively**. (In fact, the prevalence in medicine of the painkiller-medications overuse is a part of the same tendency to shut down pain alarms, to avoid dealing with the symptomatic signs of the roots for health dysfunctions.) Due to its unconscious nature of normalization and the groupthink effect, such issues in



unconscious mind are *hard to grasp*, and so the question **“WHY doesn’t our self-preservation instinct protect us from the similar danger of chemical toxicity?”** has not been merely posed by the brain scientists until now...

Fortunately, the experiments for the classic textbook cases for *Asch*, *Milgram*, *Lucifer Effects* help us observe that hard to reflect upon similar correlation of sensory shutdown and related blind spots in perception, along with the present understanding of the fact that such unconscious tendencies are present among majority of people, due to instinctive enslaving power of subliminal sociosomatics of *groupthink and authority pressure of our social-linked minds*. But, in addition to these earlier established data for the knowledge base, the new perceptual window into the realm of unconscious mind could be achieved through invaluable experiential reflections through music in the case of *Bach Sensory Deactivation Effect (BSDE)*. **The detection of BSDE has significant textbook changing global implications.** As stated above, observations of social influences in classic textbook cases for *Asch*, *Milgram*, *Lucifer Effects* have demonstrated this type of phenomenon of subliminal sociosomatic pressure for sensory shutdown, resulting in perceptual blind spots, causing actions that are rather bizarre and in conflict with common logic. The enslaving powers of the Herd instinct and Authority Pressure instinct, unopposed by music-based Emotional Reawakening, disabled realistic visual perception, turned off compassion-based, humane responses, easily transforming seemingly nice people into immoral, cruel, antisocial creatures etc). However, in the case of BSDE, Music instinct had enabled the contrary to such sensory shutdown - **positive** solution: manifesting into recovery from the grip of collective/authority pressure for blocking sensory perception (eyesight and hearing senses), **thanks to the counterpoint of Emotional Reawakening.** Intuitive liberation of Bach’s music from the dogma of emotional withholding has allowed Ms. Gutman to grasp the obscured meaning of humor, by recognizing the “invisible”, yet hard-to-miss dissonant sonorities, defiantly used by Bach, while adding rhythmic accentuation. Uniquely designed music of Bach reflected a *collectively practiced cognitive blind spot, caused by sensory shutdown (by false educational standard), that was made evident through the analysis of grouped recordings of J.S. Bach’s music that contained hard to miss, yet obscured music metaphor of humor, based on dissonance, prohibited during his era.* **But, contrary to above Asch, Milgram, Lucifer Effects, the recovery from the collective blind spot was possible, through engagement with emotionally/analytically balanced music.**

The observed patterns gave rise to recognizing collective consciousness patterns of BSDE, that in turn allowed for the framing for in-depth **understanding for various self defeat patterns and earlier unaccounted recovery from them through music-based Emotional/Sensory Reawakening.** And, one of such self defeat pattern cases - collectively practiced perceptual amnesia of *Sensory Deactivation of Pain Alarms to Toxicity* - *was chosen to be spotlighted, since their obvious absence in the response to toxicity that leads to “painless” development of multitude of preventable illnesses has global existential significance.* **This ROOT cause reflection and solution had remained undeclared,** allowing for normalized “painless” pandemic to claim millions of dear loved ones in the past, that is about to spiral completely out of control. One of the key ways for sensory shutdown manifestation is through inherited *multigenerational* conditioning to conform to hazardous, yet dominant conventions of the reality during our childhood, when most of us learn to shut down pain alarms toward chemical hazards, in order to fit into the surrounding environments, by internalizing parents’ example of normalizing the attitudinal blind spots. We enacted mottos like “toughen up”, “real boys don’t cry”, “be like a man” (to a suffering woman) etc. fearing the shame of invalidated complaints and parental rejection. However, the above data from above 60+ global studies calls for society-wide SOBRIETY to the shocking truth: **toxicity’s impact is NOT canceled by multigenerational repression of pain warnings!** Consequently, each generation of newborns is subjected to a higher and higher intake of toxicity through their mother’s placenta even before(!) ever experiencing increasing concentrations of neurotoxic exposure on their own. But, cumulative effect of toxicity can not be solved through **rarely consciously registered self deprivation of self compassion** that had been and remains the collective blind spot. But, the conventional conveniences, based on erroneously propelled toxic lifestyle that now facilitates most of our manmade reality, may be a great challenge to transform into healthy dwelling environments, but it may NOT serve as the VALID reason for the unconscious sacrifice of humanity’s future. And while such overhaul of dominance by toxic materials is still possible, the narrow opportunity window to prevail over devastating environmental illness is closing rapidly.

The evident fact that majority of people can no longer continue to rely upon **DEACTIVATED SENSORY CAPACITIES TO INFORM OUR PRIORITIES, usually operated by SELF-PRESERVATION INSTINCT** means that today, the fast increasing pace of “PAINLESS” pandemic of environmental illness demands for **NEW PRIORITIES FOR SELF AND COLLECTIVE PREVENTION OF THE THREAT OF HUMAN EXTINCTION.** And they must be set **by the leadership on behalf of taxpayers, in the face of the global need for sustaining human birthright.** These priorities must be mandated and facilitated **by the dedicated COUNTDOWN2045 compliance enforcement agencies,** which have to have the duty to break current paralysis towards toxicity in every part of our existence with NO delay: Timely strategies for restructuring society’s resources have to be aligned to the new standards for protection from senseless self-defeat of CORPORATE CHEMICAL WARFARE. Toxicity watch and the measures to provide speedy alternatives must be executed decisively NOW, in order to reduce suffering from vast increase of environmental illnesses and to



save millions of lives today as well as to preserve the birthright for the humankind at this pivotal moment in human history. This opportunity **is still possible for short time**, despite all the challenges.

Thus, the global goal is to create **SELF-COMPASSION-based awareness of THE TOP RED ALERT for NO BUSINESS AS USUAL, leading to urgent actions to raise awareness about the pressing need for:**

- The creation of **GLOBAL MULTIDISCIPLINARY THINK TANK** for developing awareness and global strategies to navigate this pivotal moment in human history of COUNTDOWN2045, to map the shift development of from individual/collective consciousness from the oblivion to the arrival to the current fast track to the man-caused de-evolutionary self-demise accompanied by painful agony
- The creation of a global agency to monitor COMPLIANCE WITH BRAIN/MUSIC RESEARCH, and to assure adequate funding for teaching artists to provide music/Arts-based Sensory Reawakening – an EXISTENTIAL need for ALL of humanity
- The manufacturing of the equipment attuned to register hard to grasp for majority offgassing
- The most URGENT creation of NEW RELEVANT HEALTH/SAFETY STANDARDS for manufacturing of all manmade products and consumer goods, by using consultancy of *rare individuals for relevant experiential feedback from the small percentage of the population still capable of retaining their pain alert signaling system*, while feeling hurt and sick from the enormity of chemical toxicity, due to their **still-active sensory capacity**. Such consultancy can bring crucial info at this urgent juncture for humanity – a fact made evident by the book **12,000 Canaries Can't Be Wrong by Dr. Molot, providing rare data**
- The creation of DIY guides on practical hands-on DETOXING of personal belongings, dwellings, communities, and intensify detoxification of our polluted by man natural world.

The observed sociosomatics for the above-mentioned self-defeating patterns have **evolutionary survival adaptation origins in the Flocking Instinct**: freedom-loving birds gather into flocks for safe migratory flights, *shutting down individual freedoms and senses, in order to behave as the “nuts and bolts” of the collective mechanism of the flock-mind*. This **ancient evolutionary instinct to conform to a collective mindset “painlessly”** had been pressuring humans for a number of generations to *prioritize the groupthink of fascination with new high-tech gadgets and technologies, while shutting down their pain warning safety mechanisms for detecting toxic non-bio-identical materials used in manufacturing – as if the harm is “secondary” to their own welfare*. Meanwhile, the **INDISCRIMINATE CUMULATIVE EFFECT** of the impact had been increasing, thanks to



unpredictable results of unannounced experiments on unsuspecting victimized taxpayers, who have trusted responsible agencies to provide logical protections from large-scale threats with **relevant to reality health/safety standards**. Thus, the public has the right to know, with no further delay, of this current malfunction of the brain, collectively practiced on the global scale and detectable among the majority of people through “painless” pandemic data, that has spread like a social “virus”. This mental say function has been captured by the well-known parable in Andersen’s iconic fairytale “*The Emperor’s New Clothes*”. *However, finally, the evidence for the complex sociosomatic sensory shutdown, identified by Ms. Rozalina Gutman, is not fictional, but real! Moreover, the observed impact of unique music-centered solutions and known to date results in previous brain/music studies suggest similar success in developing large scale curricula/applications for brain function optimization and resilience to malfunction and blind spots, to be accompanied with urgent research for this new dimension in brain sciences.*

## **TANGIBLE HOPE, BROUGHT BY J.S. BACH’S MUSIC, TO SERVE AS THE TOOLS FOR BRAIN ADVANCEMENT BEYOND SELF-DEFEAT**

The sense of tangible optimism from using music for brain optimization propelled Ms. Gutman’s strive to address the current hopelessness of the lacking priority global cause of the human-caused HUMAN extinction crisis of fast-nearing self-demise, based on her discoveries of *J.S. Bach’s genius employment of Music Instinct*. His music provided the reflection of otherwise intangible essence of elusive instinctive aspects of the unconscious mind through embodiment into musical metaphors, helping to facilitate self liberation from the enslavement by residual emotional inertia. *When Bach’s polyphony is liberated from the distortive dogma of emotional repression, its integration into curricula and therapeutic modalities can provide the adequate counterpoint to the above-described complexities of self-destructive and harmful instinctive power of the relics of the evolutionarily young human brain, that have the tendency to mangle into unconscious COMPOUND TRAUMA EFFECT, causing hard to sort out self-destructive cognitive dissonance*. Since complexity of Bach’s music, composed with intentional transformative impact has great capacity for **resonant embodiment of complex polyphonic nature of our reality**, it finally helped reflect and embody the elusive, unconscious nature of THE ROOT CAUSE of our collective blind spots of self-defeat (such as the case of BSDE). *The transformative applications, based on Bach’s polyphony can serve as effective “containers” to nurture both*



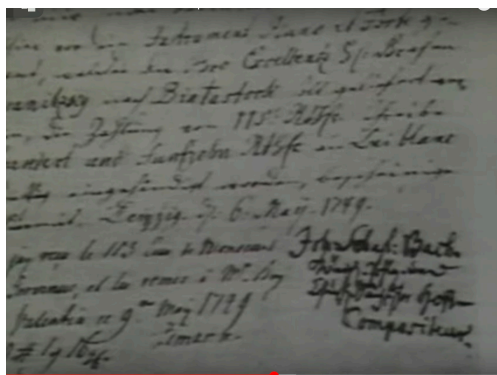
(1)personal inner change and (2)society-wide **Sensory Sobriety** by helping to embody with musical metaphors the institutionalized cognitive dissonance (which results from **widespread detachment from emotions**). It was discovered through the least expected, but effective reflection of its evidence, observed by Rozalina Gutman - through the analysis of grouped recordings of J.S. Bach's Fugue-Parody.

It reflected a similarly paradoxical, socially influenced, localized SENSORY SHUTDOWN by many renowned and gifted recording artists, who were unable to grasp and to project the **hard-to-miss emboldened dissonant sonorities** that were employed by the composer defiantly, despite his era's ban, in order to create a sense of hilarity with musical metaphors. Indiscriminate elusive social influence effects even musicians – the last line of defense against the zombification of the human brain. Even gifted and admired pianists (and their audiences) acted AS IF they had lost their senses of eyesight and hearing, due to the pressure from *the false educational standard to repress their emotions*, paradoxically replicating the harpsichord and the clavichord with lack of dynamics.

This widespread distortion of very powerful capacity of Bach's music was caused by blind spot of under-publicizing of the evidence of Bach's ownership of the emerging hammer-clavier, "**Piano et forte**", despite the fundamental changes this fact leads to. As a result, **300+ years after Genius Bach was freed from his physical FALSE retaliatory imprisonment, his music legacy still remains imprisoned by emotional repression – the cause Genius Bach with neuroscientist mindset fought so defiantly, at major risk and self sacrifice.** (See below his autograph with translation.) And most paradoxically, the majority of these performers' millions of fans have been effected by the same blind spots, spreading them, as if it was a social "virus"...

Paradoxically under-publicized written evidence (below) is undeniable about J.S. Bach's intentions to create emotionally nuanced music for the clavier **Piano et Forte – the sales receipt, signed by J.S.Bach to verify sale transaction of capable of varied dynamics hammer-action clavier**, emerging during his time and made by Germany clavier maker Silbermann (replicating Cristofori's invention of Fortepiano). *Its dynamic range could provide an easily audible distinction between polyphonic layers, allowing for the clarity of each voice*, unreachable on claviers-predecessors (harpsichord, clavichord). *What polyphony composer would not love to create his contrapuntal compositions for the instrument that helps polyphonic voicing much easier to grasp?* And, it was easy for Bach to envision the spread of this emerging hammer-clavier that he helped **improve and promoted avidly**, according to also under-publicized archival records. Thus, this document serves as **the official permission to enjoy Bach's clavier music to the fullest**, debunking unsubstantiated, yet widespread and institutionalized dogma of forcing performers to senselessly attempt to replicate the dynamic limitations of the harpsichord and clavichord, simply because they were ...dominant during the time of composer... But, it is irrelevant to Bach's music, since he aimed at just the contrary. Such practice is contrary to music's fundamental essence and is hazardous for psyche, leading to hidden lifelong emotional blocks, due to impacts of cognitive dissonance, associated with distortion of biographical facts. And since some of Bach's music, written for pedagogical purposes, is introduced during early childhood, the psychological damage from such double standards manifests into hard to grasp for a child cognitive dissonance lasting a lifetime. This signed by Bach document is the significant evidence about the composer with neuroscientist's mindset, being far ahead of his time (and ours) with **his focus on deepening the emotional resonance of his music. It should be part of the Preface to his every score**, in order to help warn musicians about avoiding injurious double standard of emotional withholding, irrelevant to music. Thus, the attempts to force his music into the common conventions of his time are irrelevant to the facts of his biography. This document finally helps understand why Bach emphasized the use of CANTABILE-touch for clavier students in *Preface* to his **2/3-part Inventions**, evident of intended for them use of clavier of the next generation - with wide range of emotional expression, allowing for *similar to the voice musical expression* (that harpsichord and clavichord had no physical capacity to produce).

[Enlarge images by 2 fingers on the screen]



Daß mir Endes benandten von Herrn Valentin, allhier, vor ein Instrument, Piano et Forte genant, welches an Ihro Excellenz Herrn Grafen Branitzky nach Bialostock soll geliefert werden, die Zahlung von 115-Rthlr. . . richtig eingehändigdt worden, bescheinige hiermit, Leipzig den 6. Maij. 1749.

Joh. Sebast. Bach. Königlich Pohlnischer und Churfürstlich Sächsischer Hoff-Compositeur<sup>6</sup>

(That the undersigned duly received from Mr. Valentin as payment for an instrument, named Piano et Forte, which should be delivered to His Excellency, Count Branitzky in Bialastock, 115 Rheinisch taler . . . is herewith confirmed,

Leipzig, May 6, 1749.

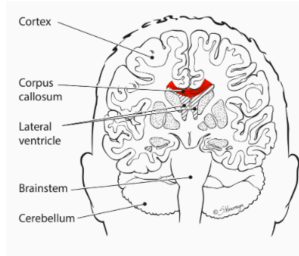
Joh. Sebast. Bach / Royal Polish and Electoral Saxon Court Composer)

Translation is from German of featured J.S. Bach's autographed sales receipt is by (late) musicologist **Eva Badura-Skoda** for *Piano et forte (And other related documents can be found in her book "The 18th Century Fortepiano Grand and Its Patrons, from Scarlatti to Beethoven"*

But at the time of the identification of BSDE this book was not published yet. This discovery began with sudden intuitive epiphany of Rozalina Gutman becoming aware of being a part of the chain in replication of this blind spot without awareness of it for many years, similar to many other unsuspecting musicians. (And the anticipated revelations by many other musicians and their audiences need to be collected, as they promise to bring important contributions to the next stages of research projects to deepen the grasp and to map the pathways for the birthing field of brain optimization through Music instinct). Ms. Rozalina Gutman was assigned this piece during youth at the age of 14 for her college entrance exam that she passed with the highest score, as a result of following the widespread inertia of false educational standard, enforced for generations blindly and unconsciously. Her grasp of BSDE sociosomatics came as the result of inner wrestle with formed during childhood emotional barrier, caused by required emotional repression in Bach. Her recognition of this misrepresentation of the true nature of Bach's music was intuitive and was informed by the heart pain, experienced from the tension from cognitive dissonance, caused by the distortion of Bach's intentions. This discovery turned out to be "the silver lining" of her heightened heart pain sensitivity, that resulted from unresolved heart attack and retaliatory cancellation of her Kaiser medical coverage - the shared plight by millions of women, who turn into *unsuspecting* victims of crisis around Women-specific Heart Disease, still allowed to be sacrificed by male dominated medical industry to Patriarchy, due to the lacking compliance with starting only now to emerge related data. ([Sign up to notifications about her Biographical<sup>TM</sup> - her true life stories to illustrate theoretical concepts of her discoveries and other publications, related to discoveries.](#))

Ms. Rozalina Gutman attributes her emergence of the **above average capacity for unique insights** from empirical self analysis to her ability to **travel to/from conscious/unconscious mind**, routinely practiced through *teaching practical piano playing skills*. The process *involves* designing curricula **to master high performance semi-automatic motor skills, allowing for musical multitasking**, serving as the foundation for layering over more advanced intellectual operations, such as complex nuanced emotional expression, navigation through both detailed motivic development and larger compositional structures, symphonic development etc. thus, *revealing uncommon wisdom that distinguishes music educators from the rest of academia*. (Ms. Gutman's internationally recognized method, based on authentic expression and superb technique, led to a prodigious student's success.)

These insights have allowed her to track similarities of the elusive large-scale zombification, involved in sensory oblivion to chemical toxicity and the sociosomatics of *Bach Sensory Deactivation Effect (BSDE) that demonstrated the same attributes: embodied through music and otherwise* (1)elusive evidence of sociosomatics of (2)collectively practiced (3)blind spot of self-defeat, as (4)the consequence of (5)sensory shutdown, in which we are (6)socially influenced to conform to collective attitudes. These blind spots are manifestation of the disruption of essential for the integrative mindset **inter-hemispheric balance and heart-brain balance** (in which the heart sends more messages to the brain, unlike previously thought...)



Contrary to outcomes in Asch, Milgram, and *The Lucifer Effects*, the **music-based practice of Sensory Reawakening disrupted the grip of social pressure, bringing a new level of clarity around the error, due to the failure to see and hear dissonant sonorities** by Ms. Gutman, disrupting pressure from the impressions from the recording by acclaimed artists. **The analytical/emotional balance in Bach's music** is effective toolset for brain advancement, and According to Dr. Schlaug's visionary MRI studies, **those who started studying music before age 7 developed measurably larger corpus callosum tissue, which connects the brain's left and right hemispheres.**

In her bestselling book **"Molecules of Emotion"** prof. Candace Pert, PhD (with forward by neuroscientist Deepak Chopra) described her personal observations of the vibrational nature of communications of cells with neurochemicals, involved in emotional responses in the brain and body. Compartmentalization of academia, including music-related scholarship had caused a blind spot of overlooking to include into curricula this fundamental for all musicians information about what makes the use of music effective as the vehicle of transformation in the intricate process of repatterning of synaptic connections, formed by emotional pain from traumatic experiences, that may have the capacity to gain *false priority* and to interfere with the focus on reality, resulting in *cognitive dissonance*.

Indeed, the *self-compassion* counterpoint of music/Arts-based Sensory Reawakening to restore **inter-hemispheric imbalance (caused by Sensory Deactivation)** is observed to have a measurable restorative effect on the brain function among millions of individuals afflicted by *autism spectrum disorders*. The majority of the public with common and normalized lesser dysfunction of inter-hemispheric imbalance, manifesting into **normalized, widespread, linear and oversimplified perception of complex reality**, can expand their cognition into **integrative mindset** with



music-based educational modalities. Famous amateur violinist Einstein gave credit for optimal brain function to music, linking his discoveries to expanded conceptual cognition. Renowned physicist Max Planck (Quantum Theory) played piano, cello, organ and composed songs. The list of visionaries following this path may be long, Nobel prize winner Saul Perlmutter, the avid amateur violinist; including Justice Ruth Ginsburg, piano and cello player; brain researcher *Dr. Louann Brizendine* (author of *Male Brain and Female Brain*, based on studies of how *gender influences fetus' brain development*), who revealed her use of piano practice for keeping brain function sharp, among too many more to list.

## CENTURIES OVERDUE APOLOGY TO J.S. BACH, TO HUMANITY, AND TO MUSICIANS AND ARTISTES OF ALL TIMES !

The name **Bach Sensory Deactivation Effect (BSDE)** honors **J.S. Bach's ARTivist's rebellion, in defiance of his FALSE retaliatory imprisonment**, to which he couldn't object without legal defense, unaffordable for musician, due to the incivility of the **"Oath to Poverty" that had been**



**senselessly imposed by society upon musicians and artists at unaffordable price to society of flawed consciousness.** This horribly cruel and unfair for humanity false life-long witch hunt-type persecution of genius musician, referred as 5th Evangelist by millions of fans, yet turned by uncivilized contemporaries into A CONVICT(!) still remains EMBLEMATIC NOW: MUSICIANS CONTINUE TO SUFFER FROM THE SAME VULNERABILITY from being marginalized by lacking intellectual leadership authorities, that attracts incivilities, disabling their unique capacities to



share and to foster through music education the skills of using Music instinct, to optimize human brain function and to propel the shift away from the current dangerous levels of self defeat consciousness. Humanity deserves to guard music/arts educators/therapists from the opposing destructive force that had been dragging human race under the current vector toward DEvolution. The resulting flawed human development had led to the current pivotal point of COUNTDOWN2045, when our generation has no choice, but to face and to pursue fast disappearing opportunities for preserving the birthright from the loss for generations to come! Help to assure the rescue, inspiration and support for Music/arts education/therapy to be able to lead its transformative magic in every human mind. This is the overdue step for the acknowledgment of music's manifestation, as the existential tool for EXISTENTIAL realignment of the human brain and body to the VIBRATIONAL essence of our universe, in order to *demonstrate intellectual leadership.*

Follow the more recent **ADDENDUM** link for the call upon institutes of power to establish **International Guardianship Status of Cultural Heritage Treasurers for music/arts educators/therapists**, as the urgent form of **OFFICIAL APOLOGY to J.S.Bach, to all musicians and to humanity, in the face of dangerous for the society levels of Sensory Deactivation and self-defeat consciousness during COUNTDOWN2045 to HUMAN extinction** **Sign ONLINE PETITION**

And learn about the hidden driving force of **public health hazard of IMPUNITY** that absolves of responsibility and encourages to do **NOTHING to prevent the spiraling out of control deepening silent PANDEMIC OF ENVIRONMENTAL ILLNESSES**, allowing to remain **UNANNOUNCED[!] TO THE PUBLIC** even the fast approaching global threat of onset of HUMAN extinction! **SING ONLINE PETITION**

[Credits for illustrations to the master of graphic scaffolding Mark Wooding for the illustration of interviews by Dr. Shanna Swan on her review of 60+ studies (see it on the very popular *After Skool YouTube channel* <https://youtu.be/Uo-kSxHNSDQ>), to late environmental ARTivist Maria Rizzo (Fragrance Free Revolution), and to insightful artists Munguia, Jonathan Plotkin, Duy Huynh]

Get notified about upcoming publications on the unique high efficacy tools to overcome with laughter the elusive hazard of paralyzing cognitive dissonance, left to humanity by Bach, likely conceived during his false retaliatory imprisonment. Also, use this link to CONTACT US for any other reasons

Help us spread these globally important discoveries and their urgent multidisciplinary implications – **SHARE!**

[www.CHARISMAfoundation.org](http://www.CHARISMAfoundation.org) [www.COUNTDOWN2045.org](http://www.COUNTDOWN2045.org)

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Poster Presentation #144 for ISME Research Commission 2022 by Rozalina Gutman

**Eureka! Bach Sensory Deactivation Effect: Sociosomatics, Illuminated by Bach's Fugue-Parody's Rediscovery, Ushering New Brain Optimization Era (Research Collaboration Opportunities!)**

**Add comments, share, COLLABORATE, promote this textbook-altering discovery, obscured, yet urgent for everyone!**

ABSTRACT (400 words). (Also see related 35<sup>th</sup> ISME World Conference 2022 Poster #1186 )

Eureka! Data analysis for my discovery of self-evident hilarious meaning of convict-J.S.Bach's Fugue-Parody also facilitated multidisciplinary brain/music implications, including undeniable evidence for SENSORY DEACTIVATION EFFECT, as THE ROOT CAUSE (along with previously missing remedy/prevention) for various widespread brain malfunctions from temporary blind spots to chronic/severe dysfunctions, including global impact of socially-influenced Asch Conformity Effect, Milgram Authority Obedience Effect, Lucifer Effect (Cruel Authority's Misuse, Zimbardo's Stanford Prison Experiment) etc.:  
Compilation of Bach's recordings by renown recording artists reveals collectively practiced failure to detect hard to miss multiple dissonant sonorities, despite being left unresolved, syncopated and deliberately employed by composer for humorous effect, in defiance of his time's ban, at great personal risk. Their eyesight/hearing shutdown manifested from subliminal pressure of false educational standard, paradoxically requiring pianists to replicate harpsichord's dynamic/expressive nuances inability on the piano, while signed by composer(!) sales receipt for emerging hammer-clavier, capable of volume variety PIANO ET FORTE remains under-publicized(!). Consequently, musicians need coaching support for emotional liberation to resonate to this problem among their audiences - lifesaving capacity during COUNTDOWN'2045 to human extinction's onset, forecasted by researchers, tracking plummeting sperm counts from normalized chemicals' cumulative effect in many consumer products/dwellings, permitted by similar pain-alarm shutdown. Thus, music's capacity to realign priorities through sensory reawakening is ESSENTIAL for our civilization's SURVIVAL. Bach's genius reflected otherwise illusive foundation for self-destructive/hazardous to others complex socially influenced behavior patterns, thus to be posthumously honored as "BACH SENSORY DEACTIVATION EFFECT". And discovered Bach's experiential cognitive dissonance resolution "container", helpful for untangling most complex blindspots, is genius' gift to humankind!  
Above new evidence also calls to urgently expand research on using music to advance brain function, ushering new dimensions of Higher Human Potential, achievable through design of optimal developmental experience through music curriculum (as in my SEPRON'2008 peer-reviewed Article), that allows for using complex music structure to reflect hidden complexities of emotional perception, critical for realignment to VIBRATIONAL nature of our Universe. Applied Music-based sensory reawakening is critical counterpoint to sensory oblivion, essential for maintaining inter-hemispheric brain balance, foundational for optimal cognition. Those who started studying music before age 7, developed measurably larger corpus callosum that connects left/right brain hemispheres. Will compliance with evident brain/music research take another century? Meanwhile, joining laughing to scorn cognitive dissonance Bach remains citizen's duty!

Evolve through music! Join the vanguard of our society – support music educators!

Sponsored by  believe in music



FOR MORE INFO VISIT: <http://charismafoundation.org/liberatebach.html>  
CONNECT & LEAVE YOUR CONTACT INFO [rozalinaPiano@gmail.com](mailto:rozalinaPiano@gmail.com) OR [volunteers@CHARISMAfoundation.org](mailto:volunteers@CHARISMAfoundation.org)



Illustrated interview of Dr.Swan for  
AFTERSKOOL YouTube Channel  
<https://youtu.be/Uo-kSxHNSDQ>

THIS IS DAISY.  
Daisy watched the documentary  
"STINK!"  
Now Daisy knows the truth!

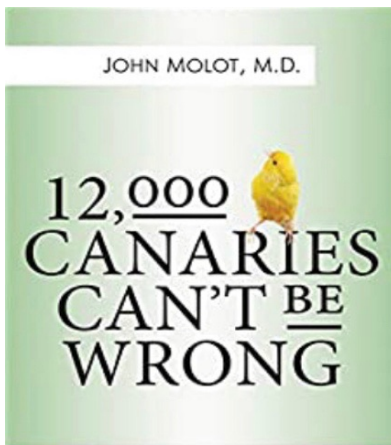
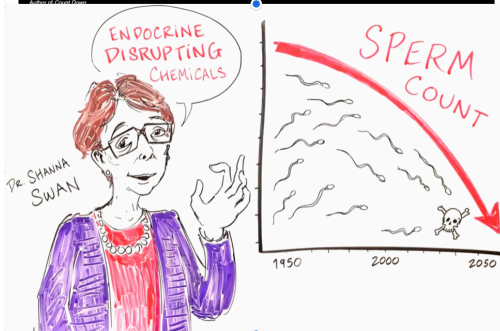
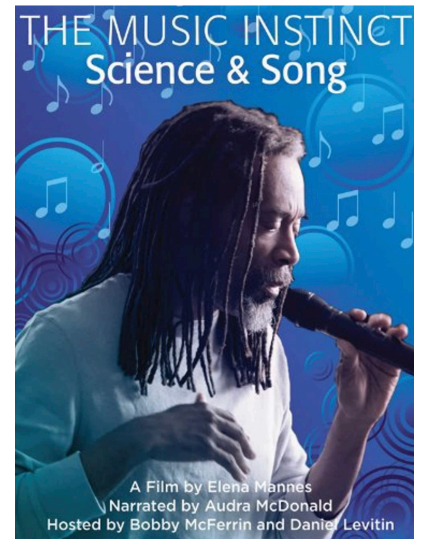


Daisy threw out all  
her fragrances & products  
with the word "FRAGRANCE"  
in the ingredients.

Daisy Is Smart!  
BE LIKE DAISY.



FRAGRANCE FREE REVOLUTION



What's making us sick,  
and what we can do about it

How Our Modern World Is

- Threatening Sperm Counts,
- Altering Male and Female
- Reproductive Development,
- and Imperiling the Future of the Human Race

**COUNT DOWN**

Shanna H. Swan, PhD  
with Stacey Colino

